

# Avocado-Herb Marinade



## **INGREDIENTS**

Whole avocado (Peel and remove pit)

2 T chives

2 T dill (fresh)

2 T basil (fresh)

1 pearl onion

2 T red onion

¼ cup water

1 T Ponzu or Lite Soy Sauce

\*½ lemon (whole)

2 T mustard

Paprika

Fresh pepper

\* (including rind)

## **DIRECTIONS**

Put all ingredients in Magic Bullet or blender and blend until it's creamy.

\*May be used as a marinade on almost anything you can think of. Also good as a dip for fresh veggies!