

# CHEESECAKE



## **INGREDIENTS**

2 cups Greek 0% yogurt (Fage Total 0%)

2 packets sweetener

1-2 tablespoons Cinnamon

Grated rind from 1 lemon with a little extra lemon juice

2 Tbsp. of Vanilla &/or Almond Extract

2 whole eggs (beat before you add to mixture) ...you can try adding 1 egg and beating a few egg whites before you add to mixture.

## **TOPPING: OPTIONAL**

Sprinkle cinnamon

Sugar Free Hot Cocoa powder or Alba Dairy Shake powder

## **DIRECTIONS**

Preheat oven to 375°. Mix all ingredients except Cocoa Powder with a wire whisk. Spoon mixture into a slightly greased pan. Swirl cinnamon and cocoa powder on top (to taste). Place pan into a larger pan with a ¼ inch of water in it. Bake for one hour. If not firm to touch, leave in oven after it's turned off for 10 minutes.

## **OPTIONS:**

**Add fruit or sugar free jelly to have different tastes.**

**\*THE ENTIRE CHEESECAKE EQUALS 3 PROTEINS.**