

# CAULIFLOWER LATKES



## **INGREDIENTS**

1 head Cauliflower  
1/2 onion (chopped)  
1 cup sliced mushrooms  
1 T olive oil  
Salt, pepper, garlic powder (to taste)  
1/3 cup 1% milk (optional)

## **DIRECTIONS**

Cut cauliflower and steam until soft. Mash and set aside to cool. Heat olive oil and sauté onions and mushrooms until golden brown. Add cooked onions and mushrooms to cauliflower. Mix until blended. Add milk and seasonings (to taste). You can add any additional seasonings you like. Put cauliflower mixture into square baking pan. Broil until golden brown.