

"Instant Clam Chowder"



Ingredients

- 1 packet "low or no sodium" chicken broth
- 1 cup water
- 1/4 cup salsa
- 1/2 cup chopped clams (drained and rinsed)
- 1 bay leaf
- 1 Tbs. Old Bay Seasoning (Original flavor or with garlic and herb seasoning)

Optional:

- 1 tsp. Red pepper flakes
- 1 tsp. Dill (chopped)

Directions

Make 1 cup of "low or no sodium" chicken broth according to package directions.

Add remaining ingredients...Warm and serve. Unlimited!