

# Holidays 2015

## Linda Fiverson's Fabulous "Fake" Foods

NO flour, NO sugar, No gluten and No refined carbohydrates!

**LARGE TRAYS AVAILABLE - Order by Thurs, September 10th!!!**

**\* (All items on our regular order sheet are also available in large trays)**

### SOUPS - Available in Quart Containers

Chicken Soup - \*Matzoh balls (cauliflower)  
sold separately  
Cabbage Soup  
Butternut Squash Soup  
\* ALL soup varieties are available.

### SPREADS

Vegetarian Chopped Liver  
Spinach-Artichoke Dip

### VEGETABLES

Matzoh Balls (cauliflower)  
Cauliflower mashed (fake potatoes)  
Butternut Squash mashed (fake sweet potatoes)  
Latkes (cauliflower/turnip/spinach/broccoli)  
Vegetable Stuffed Cabbage  
Spaghetti Squash Noodle Pudding  
Pumpkin Delight (with apple or pineapple)  
Butternut Squash Fries  
Onion Ring Bites  
Assorted Rice Dishes (cauliflower)  
Spaghetti Squash Marinara  
Holiday Vegetable Stuffing  
Washed Cole Slaw  
Zucchini Linguine  
Roasted Turnip Tots  
String Bean Casserole  
Eggplant Fettuccini  
Broccoli Mushroom Quiche  
Soufflés - Carrot/Spinach

### ASSORTED FLAGELS AND BREADS

All cakes and mousses can be made in large sizes!!!!

### PROTEINS

Unstuffed Cabbage  
Pigs in the Blanket  
Assorted Chicken Dishes including your choice of sweet or spicy wings AND our NEW Sweet and Sour Chicken  
Spinach & Cheese Pinwheels  
Assorted Fish Dishes  
Meatballs - All varieties available  
Meat Loaf - Assorted varieties  
Short Ribs

### BREAKFASTS/DESSERTS

Blintzes  
Pancakes  
Muffins  
Cream Puffs  
Mousse  
Cookies  
Cakes - All selections can be made in large sizes  
Brownies  
Biscotti - All flavors  
Peach Cobbler  
Sliced Apples (tastes like apple pie!)  
Assorted Cheese Cakes (can be used as pie)  
Bread Pudding ("fake" bread - no flour, no wheat)  
Apple Quiche  
Tarts (Hamantaschen)  
Macaroons - Coconut and Chocolate

*\*If you don't see what you are looking for  
please give us a call!*

 L.I. Weight Counseling, Inc.

633 Jericho Turnpike \* Syosset \* N.Y. 11791  
(516) 496-2300 [www.lindafiverson.com](http://www.lindafiverson.com)