

Surf & Turf Burgers



INGREDIENTS

1 lb. ground white meat chicken, turkey or beef

6 sea scallops

1 Tbs. each:

Asian spice, onion flakes,

black pepper, salt, garlic powder, paprika.

1 tsp. each:

Parsley, oregano, thyme

Juice from 1 lemon

DIRECTIONS

Mix spices and coat scallops, add the lemon juice last.

Add the excess spices to the chopped meat.

Make a flat patty, add 1 scallop, cover the scallop with chop meat to form a burger.

Broil at 400 degrees. Brown both sides approx 12-15 minutes each side

Optional fillings: Ricotta with bruschetta.